

MCC Ride Posting essentials

What to consider when posting a ride.

- ✓ Date of the ride.
- ✓ Time of the ride.
- ✓ How far is the ride in miles?
- ✓ Where the ride will leave from.
- ✓ Predicted average speed.
- ✓ Description of the ride or preferably post a Strava route.
- ✓ Is the ride a MCC Black or Orange ride?
- ✓ Time to return from the ride.
- ✓ Will there be a café stop?

Do we need ride posting guidance?

- During the last year members have highlighted why they do, or don't attend organised rides.
- One concern for some members is their ability to either keep up, or if they might slow down other members. Posting the predicted average speed helps this.
- Members often have many other commitments so, knowing when the ride will likely return will help.
- We all have different stamina and fitness, therefore a cafe stop during a ride helps members to re-fuel. Members have also highlighted that a planned stop may encourage them to join longer rides.

Ride Posting Responsibility.

- Posting a ride means you're the ride lead or responsible for arranging a ride leader.
- Attending the ride or ensuring the nominated ride leader attends.
- Maintaining or not exceeding the pre-ride stated average speed.
- Ensuring that all the members who attend the ride are aware who the ride lead is on the day.
- Ride lead to communicate on the day the ride classification (Black or Orange), the distance, duration and the predicted average speed of the ride.
- The ride lead ensures that no rider gets left behind.
- Cancelling the ride if necessary.

MCC Ride Clarification – Black or Orange.

- The MCC Ride motto will always be that “nobody gets left behind”.
- A Black ride is for stronger riders who expect to ride faster (17 mph+ average speed).
- Black rides may also highlight longer distances (50+ miles) or that the route will contain challenging terrain such as hill climbs.
- Highlighting that the ride is either a Black or Orange ride helps flag if the ride is either a slower club ride (Orange) or a harder ride (Black) that some members may struggle with.
- The Black ride clarification will also help more advanced members attract like minded riders who want more of a challenge.
- Black ride classification also helps advanced members who may become frustrated riding at slower speeds.
- New members will be advised not to join Black classified rides.